

Since the beginning of this pandemic, Lifeline Canada and Heart for Home have been praying and trying to be part of the response. There has been increased requests for meals, both locally and globally. But Lifeline cannot meet the demand since groups cannot gather to pack meals. Hence, Lifeline is re-thinking how participants can pack meals to help meet the requests for meals. We've come up with household meal packs to keep the ministry moving. These meals we pack, will be sent to the Heart for Home campus in Port Salut to be used by the local pastors there to minister to their church and community. These meals will allow our pastors to share the love of Jesus tangibly with those in need, as well as open doors for them to share the gospel with them.

### **What are household meal packs?**

It's an opportunity for households to serve together by packing meals and be part of loving and serving others around the world. They are as simple as:

- Register as a household (those who live under the same roof together and ranging from 1-9 people) to participate
- Schedule your time
- Raise funds
- Pack meals as a household

To find out more about what a meal packing event looks like, watch this [video](#)

*Note: the video mentions group events, but we are not doing those at this time. This is for families in the same household packing meals together.*

### **How is Lifeline addressing COVID/keeping families safe?**

The Alberta Government has classified food relief organizations such as Lifeline as an essential service to the community. Lifeline staff hosts will follow detailed sanitizing guidelines and adhere to social distancing. Hand washing, hand sanitizing, face masks, and gloves will be mandatory for all packers. Each station will be properly cleaned and sanitized between shifts. Each family will be either by themselves, or with another group who will be set up in a different area to keep social distancing.

### **How can you help?**

It is an opportunity for families to pack meals. We are aiming to pack 65,000 meals which will enable all of us to be a part of sending over 165,000 meals to our brothers and sisters in Haiti.

With your help we're aiming to raise \$21,500, and we already have a couple of donors lined up to match the first \$5,000 raised towards the general fund for this so we can double the impact of each of those gifts.

Suggested fundraising goal is 1 box per person packing. Each box is \$71 and contains 216 meals. If a household of 4 were to raise \$284 that would be enough to pack 864 meals or enough to feed a family of 4 one meal a day for 7 months! Raise what you can! There are some extra donations that have been made to help cover the gap!

### **How do I participate?**

Sign up by clicking [here](#)

If you want to give back but are unable to pack meals that's ok. You can still donate towards this project to get more meals packed and have other families participate simply by following this [link](#).

If you have any questions, please email Colin [colin.hatrnick@lifeline.org](mailto:colin.hatrnick@lifeline.org) or Kathy [kathy.hunka@lifeline.org](mailto:kathy.hunka@lifeline.org)